ST. MICHAEL'S BREAKFAST MENU

A choice of breakfast cereals and granola

Mini chocolate chip wheatabix (gluten, soya) or organic gluten free corn and quinoa flakes.

Our homemade granola packed full of toasted oats and nuts, dried fruits, Painswick honey and a little bit of Madagascan vanilla. (almonds, cashew, walnut, hazelnut, gluten.)

Cotswold dairy full fat milk. (dairy.) Freshly squeezed orange juice. Blenheim palace mineral water.

Fresh soft fruits from Local and English farms.
'Anne Forshaw' Little jars of fruit yoghurts. Blueberry and blackberry, peach and apricot and strawberry and rhubarb. (dairy.)

Homemade breads, cakes and pastries.
Waterford Soda bread. Made with Cotswold Crunch malted-wheat flour and buttermilk (dairy, gluten.)
Focaccia. A soft Italian bread made with Cotswold Gold rapeseed oil, rosemary and sea salt (gluten.)
Sourdough. A crusty white bread, proved overnight. Made with our own sourdough culture (gluten.)
Fresh baked Gruyere cheese and tomato puff pastry turnover with whole grain mustard (mustard, gluten, dairy, egg.)
Chocolate brownie with dried raspberry (gluten, soya, dairy, egg.) Lemon polenta cake with lemon syrup (wheat, dairy, egg.) Fruit cake with whisky (sulphites, gluten, dairy, egg.)
Fresh baked apricot and marmalade puff pastry galette (gluten, dairy, egg.)

'Kitchen Garden' plum jam, three fruit marmalade and unpasteurised honey from the Painswick Beekeeper. 'Netherend' lightly salted butter (dairy.)

Cheese and charcuterie selection from our local Stroud Deli. 'Armadeli'.
Finnochiona. A carefully aged Italian salami, made with selected cuts of pork, wine, seasoning and
fennel seeds. Salami Milano. A traditional Lombardy salami made with pork, wine, fresh garlic and seasoning.
Black Forest ham. A German ham smoked over beechwood chips. 'Arlingham white' free range hard boiled egg (egg). Cherry tomatoes.'John Hurd' Organic watercress.
Oxford blue' - a full fat semi-soft blue cheese (dairy.) `Quickes' goats cheese - an almondy, buttery cheese made in Devon (Milk.) `Pitchfork cheddar' - a beautifully made traditional West Country cheddar (dairy.)
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Colombian Suarez project 'Rave' coffee from our local Cirencester coffee roasters. Or
'Tregothanan' tea. An English breakfast tea blended and produced from the Cornish tea estate 'Tregothnan'.